

**Marie's Gift**

**Date:** September 20, 2016

**Organizational Name:** StreetLight Community Outreach Ministries  
1550 Prince William Pkwy., Ste. B  
Woodbridge, VA 22191

**Contact:** Rose Powers,  
Executive Director  
[rpowers@streetlightcom.org](mailto:rpowers@streetlightcom.org)

**Phone Number:** 703-491-2288, ext. 224

**Website:** [www.thestreetlight.org](http://www.thestreetlight.org)

**Tax Exemption Number:** 54-2151209; 501(c)3 Tax Exempt Nonprofit

**Amount of Grant:** \$30,000.00

**Project Name:** Permanent Supportive Housing for Medically Fragile Homeless Adults

**Project Description:** StreetLight will provide Permanent Supportive Housing and supportive services (including licensed in-home nursing care) to medically fragile homeless adults with chronic illnesses such as diabetes, cancer and heart disease.

**StreetLight Mission:** StreetLight's mission is to build strong community by improving the quality of life for impoverished men, women, and children, including the "chronically homeless." Everyone is welcome, regardless of faith, race or nationality. We serve our clientele in a caring environment that offers dignity, acceptance and Christ-like love. We facilitate personal growth, spiritual renewal, independence and integration into a healthy community.

**Project Narrative:**

With Marie's Gift, StreetLight proposes to maintain and expand our Permanent Supportive Housing Program for medically fragile homeless adults suffering from chronic health conditions such as heart disease, cancer or diabetes. To accomplish this, StreetLight will lease two, three bedroom apartments to house six medically fragile homeless adults. Each client will receive their own bedroom and share a common living room and kitchen. Clients will receive a nurturing environment for physical and mental recovery and case-management services that promote individual success. Services include goal planning, financial management, life skills and assistance with application processes for mainstream services such as S.S.D.I., Medicaid and food stamps. Respite care includes licensed in-home nursing care, wound care, coordination with primary physician, disease management, and home health aide services. In-home care will be provided by Helping Hands In-Home Respite Care of Northern Virginia.

**Need:**

In Prince William County, Virginia, there are over 52 homeless campsites with a total of 409 homeless people counted during the 2016 Point-In-Time Count. The people living in these sites are literally homeless with no humane shelter available to them and many are medically fragile. In a recent 1,000 Homes Medically Vulnerable Survey conducted in Prince William County, it was revealed that 30% of 84 homeless interviewed were medically vulnerable.

Homelessness causes and exacerbates poor health and emotional well-being. During a recent client interview conducted during the annual "Point-In Time" count, a physically disabled homeless man lamented,

**"I worked all my life until a few years ago when I was injured on the job after having a seizure. I have not been able to work since. My SSDI check is too small to find affordable**

**housing. Now, my only option is to sleep at the County Thermal Shelter at night. But, after the Shelter closes at 7:00 a.m., I am forced to wonder the streets all day long until the shelter doors open again at 7:00 p.m. It's demoralizing. I feel robbed of my dignity and honor."**

**There was so much pain and anger in his voice. Dejected and miserable, he continued to say, "I would like to work but can't, I would like to have my own place, but I can't get one. And, I don't know where I will sleep when the Winter Shelter closes its' doors the end of March."**

With only 150 Emergency Shelter beds in Prince William County (47 beds are Thermal Shelter beds available only from November 1<sup>st</sup>-March 31<sup>st</sup>), there is a critical shortage of humane shelter in our county. To meet this need, StreetLight provides permanent supportive housing to 27 homeless clients. In 2013, StreetLight received a large grant to start a pilot project to house four medically fragile homeless adults. StreetLight's housing program for medically fragile homeless adults is the only one of it's kind in our county. StreetLight would like to continue this project and expand it to house six clients. This program has literally saved lives by providing housing, wrap-around case management and in-home nursing care to people who were very sick trying to manage their disease while living in the woods.

#### **Program Leadership and Development:**

StreetLight's respite home will be supervised by our Supportive Services Director. She and the Executive Director have developed program initiatives and policies. A contracted licensed nurse will conduct health and social needs assessments of each client and provide care plans and follow up strategies. The respite nurse will visit clients on an as needed basis to assess progress of each client's health and well-being. Case notes concerning the progress of each client will be recorded and reviewed. The Director will track client's health outcomes and quality care received. She is supported by two Case Managers and a House Monitor.

The Director of Supportive Services reports directly to the Executive Director who will also be accountable for grant funding with financial oversight from the StreetLight's Board. Program services will be on-going. The application process and housing placement for two additional housing clients will be conducted within the first two months of receiving grant funds. Licensed nurses will provide an initial assessment of client's health condition within one week of entering the program and provide follow-up care as needed. Case Management is provided a minimum of twice a month or as needed. Outcomes include:

- 85% of clients maintaining permanent housing in a healthy environment.
- 100% of clients receiving licensed in-home nursing care and case management.
- 80% of clients receiving increased connection with mainstream services.
- 85% of clients experiencing improved health due to shelter and in-home health care.
- 80% of clients increasing positive attitude regarding personal health care practices.
- 75% fewer emergency room and hospital visits among clientele.

StreetLight's pilot project demonstrated successful outcomes among medically fragile homeless individuals. Our homeless client's individual self-esteem, physical and emotional stability have significantly improved since receiving permanent housing. Ability to practice daily hygiene habits, to eat regularly, receive mail, and wash clothes all work together to strengthen client's overall well-being. Clients are able to focus on personal goals and activities that promote self-fulfillment and optimal lifestyles.

StreetLight is a faith-based non-profit organization with over 15 years of experience working with the unsheltered homeless. As such, we believe that this project aligns with NOVA'S Mission to promote social justice to the most vulnerable in our community by improving the quality of life for very vulnerable medically fragile homeless persons. Funding from your organization will help StreetLight continue to improve and save lives of homeless persons who are suffering from poor health due to chronic health disease, but who do not qualify for nursing homes or prolonged hospital stays. StreetLight's ultimate goal is

to build a multi-unit permanent supportive housing apartment complex with efficiency styled apartments for disabled, medically fragile and “chronically homeless” adults. At that time we will transition medically fragile clients into their own apartment and relinquish StreetLight’s lease on current apartments used to house these clients.

StreetLight’s Board and leadership gratefully present this opportunity to NOVA, respectfully requesting a grant award for the Marie’s Gift of \$30,000.00 to use toward the expense of our Supportive Housing Program for Medically Fragile Homeless Adults. The leadership and board of StreetLight are thankful for your consideration of this proposal and look forward to your communication.



# STREETLIGHT COMMUNITY OUTREACH MINISTRIES

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September 20, 2016

NOVA Catholic Community  
10000 Winnepeg Court  
Burke, VA 22015-3844

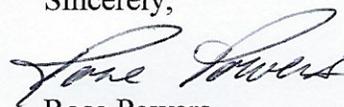
Dear Sir/Madam:

Established in 2004, StreetLight Community Outreach Ministries is a non-profit 501(c)3 organization located in Woodbridge, Virginia. StreetLight began serving the homeless and impoverished families nearly 20 years ago as an outreach ministry of the Vineyard Christian Fellowship. When the church moved to the Woodbridge Shopping Center, hungry individuals and families began knocking on the door seeking help with food and crisis needs. After rallying to meet those needs, church staff also discovered that they bordered a very unique neighborhood--a neighborhood without homes. Our neighbors lived outside. They felt degraded, hopeless and shunned by society. Often, these men and women would request food, sometimes having not eaten for days. Physical safety was also a concern. One hot summer day, an elderly homeless man died of heat stroke. In subsequent years, over 30 homeless individuals have died prematurely due to lack of medical support, physical assault and exposure. Realizing the extent of the homeless crisis, the church staff became determined to help. Today, StreetLight is making a significant impact among the poor and homeless in our community.

StreetLight serves the community through our Supportive Housing Program, our weekly Outreach Dinner for the homeless, a Food pantry and our Homeless Prevention Program. We own three houses in which we provide permanent supportive housing with supportive services to chronically homeless adults who want to work and live productive lives. Between three to five clients of the same gender share a home, in a structured environment, that is free of drugs and alcohol. Additionally, StreetLight received a three-year grant in July, 2013 to begin a pilot project providing permanent supportive housing and in-home respite care to homeless individuals who are medically fragile. This program has literally saved lives by providing critical support to people who were very sick trying to manage their disease while living in the woods.

StreetLight is requesting funds to undergird and expand our pilot project offering housing and in-home respite care to medically fragile homeless adults. The StreetLight Board and leadership gratefully submit this request for the Marie's Gift grant award of \$30,000.00. The leadership and board of StreetLight are thankful for your consideration of this request and look forward to your communication.

Sincerely,



Rose Powers  
Executive Director

## Program Budget

**StreetLight Community Outreach Ministries  
Permanent Supported Housing for Medically Fragile Homeless  
Adults**

	Expenditures	Marie's Gift Request	Total Budget
	<b>Program Salaries/Wages</b>		
	Salaries - Executive Director	\$0	\$2,500
	Salaries - Director of Supported Svcs.	\$0	\$10,000
	Salaries - Home Health Care Staff	\$0	\$3,000
	Salaries - Case Manager	\$0	\$5,286
	Salaries - Administrative Asst.	\$0	\$820
	Salaries - Accountant	\$0	\$480
	Salaries - Volunteer Mentors	\$0	\$1,920
	Sub-Total	\$0	\$20,786

	<b>Personnel Benefits</b>		
	Payroll taxes	\$0	\$1,590
		\$0	\$0
		\$0	\$0
		\$0	\$0
	Sub-Total	\$0	\$1,590

	<b>Occupancy Costs</b>		
	Office Space	\$0	\$3,750
		\$0	\$0
		\$0	\$0
	Sub-Total	\$0	\$3,750

	<b>Supplies and Equipment</b>		
	Project Supplies - Groceries and Kitchen Supplies	\$600	\$1,200
	Project Supplies - Bedding & Linens	\$0	\$500
	Project Supplies - Medical Supplies	\$0	\$300
	Project Supplies - Paper Products & Cleaning Supplies	\$0	\$1,200
	Sub-Total	\$600	\$3,200

	<b>Other Direct Expenses</b>		
	Leases	\$30,000	\$32,352
	Utilities	\$0	\$9,600
		\$0	\$0
	Sub-Total	\$30,000	\$41,952
	<b>TOTAL COST</b>	<b>\$30,600</b>	<b>\$71,278</b>
	<b>Marie's Gift SHARE OF COST</b>	<b>43%</b>	