



nova notes

Newsletter of the NOVA Community October, 2007

Chair Notes

School bells ring and Nova still had time for celebrating Eucharist in the park and at the Shrinemont retreat before returning to Kenmore at the end of September. Fittingly on Labor Day weekend Fr. Francis DiSpigno and the Mogs led us on a consideration of the environment and our place at the table with the need for gentleness and humility having a higher place than even lavish giving and the best of knowledge. The more separated we are, the less we have need of God. We saw the transition in scripture from Sinai, the place of covenant with fear of God and being distant from God, to Zion, the temple in Jerusalem, a place of joy.

The next Sunday we moved on to ask the question who can know God's mind? The message of renouncing all to follow Jesus was in our face and even more so when seeing renouncement as removing whatever from service of essential self. Fr. Joe Kenna continued his Trinitarian approach in addressing our Ambition, Aggression and Accumulation with Humility, Integrity (process over outcome) and Simplicity (achieving identity as one removes material - as happens in carving a marble statue). He and Marie Keefe offered the community a challenge in the form of \$1.00 and "may this challenge you to use this for something that makes you uncomfortable".

The retreat exceeded expectations as we reflected on the four pillars of Nova – Spirituality, Social Justice, Community Life and Liturgy

- with challenging experiential approaches for crossing our borders. We began with the Nova film and a circle of time on Friday night;
- standing in relation to when one joined Nova. The experience continued the next day with reflection on Spirituality followed by moving from the heart exercises; with literally seeing what divides/borders us in our social relations, moving on to social justice moments to remember and what might be calling us to bring peace and justice, and seeing the first draft of the Peace Covenant for Nova;
- with a circle of age – positioning oneself by age (lots of surprises) without talking and then reflecting on Nova's historical documents and video commentary from the Meles on community life. Saturday evening saw the Affirmandi – Ana, Ben, Ilse and Mali – regaling us with pictures of their cross-border adventures in El Salvador, each taking turns with the mike to describe what we were seeing — well spoken! followed by karaoke time with a bonfire out back for s'mores and s'more.

Sunday began in a more traditional format with pew-like space, Gregorian chant then Gloria invited the community to transform –

(Continued on page 4)

Message Line		703-852-7907
Chairpersons	Eric Carroll	703-536-2616
	John Veldhuis	703-750-1670
	Nancy Veldhuis	703-750-1670
Treasurer	Joe Formoso	703-503-9731
Religious Ed. Coordinator	John Mooney	703-425-1639
Coordinator, Community Life	Cece Michelotti	703-241-0789
Liturgy Coordinators	Gloria Mog	703-522-1812
	Anne Passin	703-538-6545
Padre Cadre	John Mooney	703-425-1639
Music Coordinator	Tom Clarkson	703-560-2096
	Victoria Robinson	703-237-0008
Social Action Coordinator	Dianne Carroll	703-536-2616
Christ House	Kopp Michelotti	703-241-0789
Facilities	Glen Passin	703-538-6545
Newsletter Editor	Marie Pinho	703-569-6080
NOTE EMAIL!!	mdpinho@verizon.net	

The NOVA Catholic Community Invites You To Celebrate The Eucharistic Liturgy With Us Every Sunday in Arlington, Virginia.

Note: Our Liturgy is usually celebrated at Kenmore Middle School, Arlington Blvd. and Carlin Springs Rd, Arlington, VA. Beginning Memorial Day Weekend up to our Fall Retreat weekend, we celebrate at Lacey Woods Park, George Mason Drive near Washington Blvd, unless otherwise noted.

[Lacey Woods]
 Liturgies begin at 9:30 am—Gather at 9:15 am

[Kenmore]
 Liturgy begins at 10:15 am—Gather at 10:00 am

The Quijote Center will be selling gorgeous Nicaraguan pottery and other artworks after the NOVA Mass at Kenmore School on November 11, 2007.

Not available in any store these items make great gifts for all seasons and occasions.

October Birthdays, etc.

2 Tom Ahrens

Mahatma Gandhi

4 Teddi Ahrens

5 Ben Brady

Karen Ell Tax

6 Paul Greenfield

Chris Swanberg

7 Desmond Tutu

11 Clyde Christofferson

12 Gloria & David Mog Anniversary

13 Carolyn Miller

14 Dan Perez-Lopez

15 Betsy Marron

21 Andrew Chase

David Mog

22 Nancy Velduis

24 Joe McCloskey

25 James Hainer-Violand



Newsletter Deadline is October 22....

Year C — Cycle 1

Liturgies

OCTOBER MUSIC LIAISON Tim White

October 7 – 27th Sunday/Ordinary Time

Quinn Connors, O.Carm -- Formosos
Habakkuk 1:2-3, 2:2-4
Psalm 95:1-2, 6-9
2 Timothy 1:6-8, 13-14
Luke 17:5-10

October 14 – 28th Sunday/Ordinary Time

Bill Callahan -- Orlando Kanes
2 Kings 5:14-17
Psalm 98:1-4
2 Timothy 2:8-13
Luke 17:11-19

October 21 – 29th Sunday/Ordinary Time

Bill Callahan -- D. Carroll and the Social Justice Team
Exodus 17:8-13
Psalm 121:1-8
2 Timothy 3:14--4:2
Luke 18:1-8

October 28 – 30th Sunday/Ordinary Time

Ray Kemp, SJ -- Goldschmidts
Sirach 35:12-14, 16-18
Psalm 34:2-3, 17-19, 23
2 Timothy 4:6-8, 16-18
Luke 18:9-14



NOVEMBER MUSIC LIAISON Linda Rosenberg

November 1 – All Saints Day (Thursday)

No liturgy at Kenmore
Revelation 7:2-4, 9-14
Psalm 24:1-6
1 John 3:1-3
Matthew 5:1-12

November 4 – 31st Sunday/Ordinary Time

TBD -- Meg Sullivan/John Mooney/Kathy Scheimer
Wisdom 11:22--12:1
Psalm 145:1-2, 8-11, 13, 14
2 Thessalonians 1:11--2:2
Luke 19:1-10

November 11 – 32nd Sunday/Ordinary Time

Bill Callahan -- Nancy and John Veldhuis
2 Maccabees 7:1-2, 9-14
Psalm 17:1, 5-6, 8, 15
2 Thessalonians 2:16--3:5
Luke 20:27-38 or 20:27, 34-38

November 18 – 33rd Sunday/Ordinary Time

Joe Kenna -- Christoffersons
Malachi 3:19-20
Psalm 98:5-9
2 Thessalonians 3:7-12
Luke 21:5-19

November 25 -- Christ the King - Solemnity

Jim Scullion, OFM -- Peggy Meyer
2 Samuel 5:1-3
Psalm 122:1-5
Colossians 1:12-20
Luke 23:35-43

Announcements . . .

(Continued from Chair Notes, page 1)

again in silence – this space into a sacred place for Nova liturgy using whatever creativity we possessed. A more inclusive, colorful arrangement transpired and small groups then reflected and reported on the experience. Nova liturgy followed. Fr. Bill Callahan shed light on finding lost sheep and not waiting for daylight when it could be more comfortable to begin the search.

Immigration issues grew in our awareness and occupied the forefront in our prayers and in our social justice concerns. Think we'll see more thought and discussion of these issues and the place of all at the table as we begin preparations for celebrating our 40th anniversary in January.

The fall Nova calendar is starting to fill up fast as we move now to consider the future and where we are going as a 40 year old community. Watch this newsletter carefully.

Grace and Peace,

~Eric

IRAQ Casualty Toll

US Military Deaths	3,801
Suicides	122
Civilian Deaths	73,922—80,560
American Wounded	27,753
" " Returned to Service	15,432

Liturgy Tip

The Lottery is Coming!

Gen Timpane will be coordinating the 2007-2008 "Liturgy Lottery" which will begin on Sunday, October 21st. Each household is asked to select two dates in the upcoming liturgical year for which you will be responsible for planning the liturgy. If you would like to plan a particular Sunday next year, call or email Gen before 10/21 and she will save that date for you. Although you will be the main "point person" for that date, everyone is encouraged to team up with other community members to complete the planning. If you have never planned a liturgy before, don't hesitate to select a date and then ask one or two others who have experience planning to help you out. You will receive the Readings for your liturgy by email from Clyde Chistofferson. The Music Liaison person for your month (see newsletter) is ready to take requests a week ahead and/or help you select the music. You can get tips and help with setting up the environment from Cathy Showalter. The Guidelines for Planning a Nova Liturgy are published on the inside covers of the Directory as well as on the website.

If you choose an Advent or Lenten liturgy, you will be working with a team of all the liturgical planners for that season. If you would like to work on Christmas or Easter liturgy, there will also be a small group formed for that special time. Since we sign up as much as a year ahead for some liturgies, it may happen as the time comes near that you cannot do the date you originally chose. If that happens, look in the newsletter for planners on the dates near to you and call and ask if they can switch with you. Let the Liturgy Coordinators: Gloria Mog and Anne Passin know of any switches. We hope everyone will be a part of creating liturgy at Nova – it is a faith and community-building

~Gloria Mog

Announcements — Meetings . . .



NOVA is praying for ...

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Pray for **Grace Birch**, at Sleepy Hollow Manor, 6700 Columbia Pike, Rm 203A, Annandale, VA 22003

+

Please pray for **Anne Passin** who (with support of her family) is caring for aging parents in Baltimore.

+

Pray for **Joe Formoso**, also caring for his aging mother and caretaker father... in Florida. And **Barbara Formoso**, whose mother is currently hospitalized, also in Florida.

+

Pray for **Warren Reich** and his family as they mourn the death of his sister-in-law, Kathleen Callahan Reich. Kathleen, diagnosed with cancer, leaves two children, Caroline and Patrick, to be included in your prayers

+

Continue to pray for **Sonja Donahue**, Goodwin House in Alexandria. Although Can't come? Her address is 4800 Filmore Street, #210, Alexandria, VA 22311... (703) 824-1246 Sonja continues to pray for us!

+

Continue to pray for **Tom & Margaret Hayes**, battling several health issues, although they have attended a few Nova events recently.

Fr Ken Hines Follow-up

When Fr. Ray Kemp talked with us on August 12 – [“Catholic Social Teaching - What Does The Lord Require?”](#) – he referenced the book, below, edited by Ken Himes. It is available on Amazon for \$39.95 with free shipping. If anyone is interested. click on the book title to go to the Amazon website page for the book. [Modern Catholic Social Teaching: Commentaries And Interpretations](#) (Paperback, 2005) by Kenneth R. Himes (Editor), Lisa Sowle Cahill (Editor), Charles E. Curran (Editor), David Hollenbach (Editor), Thomas A. Shannon (Editor).

"This is a large book, the work of many hands and minds..." ... "This volume is intended as a reference work for anyone interested in studying the key documents of Catholic social teaching. It is presumed that readers will not go through this book cover to cover but will dip into the material at various points to gain insight about some aspect of the Church's social teaching. ..." (from the Introduction by Ken Himes)

This book is also highly recommended by Nick Mele.

~Ken Chaison

"Praise GRACE, full of MARY! Jesus is with you. Of all women, you are particularly blessed. Blessed too is the contribution you have made to NOVA and the world: your children and faith in Jesus.

Holy GRACE, mother of so many, we pray together with you that God will forgive any harm we have done up to now, and throughout the rest of our lives.

Let it be."

~Joe Annunziata

Meetings — Reports, Summaries...



Celebrate Bread for the World Sunday

Bread for the World Sunday is ...

- ♦ officially October 21st but can also be celebrated any Sunday between World Food Day (October 16) and Thanksgiving (November 22). *Like the widow in Jesus' parable, God's people are called to be persistent in the pursuit of justice for hungry people. This year, Bread for the World Sunday reminds us to keep on knocking on the doors of Congress and to keep on trusting the God who calls us and empowers us for this work. Bread for the World Sunday is a time to join other communities of faith in setting aside at least one Sunday of the year to highlight the need for our prayers, our voices, and our efforts to eliminate hunger and poverty.*
- ♦ a time for churches to renew their commitment to end hunger in God's world—and take part in a growing movement on behalf of hungry people. Major church bodies, religious organizations, and congregations everywhere are all participating in an international effort to overcome poverty, hunger and disease in Africa, the United States, and around the world.

To renew my commitment to end hunger

Yes, I wish to renew my commitment to helping overcome poverty and disease around the world. Please send me *What You Can Do to End Hunger*, a FREE 12-page booklet with practical suggestions.

I'd like to become a member of Bread for the World and have enclosed a membership gift of \$25. Please begin sending the *Bread* newsletter. A/TP/GR

NAME (please print) _____

ADDRESS _____

CITY, STATE _____ ZIP _____ SUN2007

If you'd like to take action right away, get the latest updates, or order additional resources, visit www.bread.org.

 **Bread for the World**
Seeking Justice. Ending Hunger.
50 F Street NW, Suite 500
Washington, DC 20001
1-800-822-7323 www.bread.org

7-HC9

Meetings — Reports, Summaries...

Christ House

October 14 & 15, 2007

October 14... Open house at Christ House. The newly renovated Christ House will host an open house on Sunday, from 1:00 to 3:00 p.m. Catholic Charities is pleased to reopen its homeless shelter after renovation. The shelter is located at 131 S. West St. in Alexandria and is also the site of the agency's Emergency Assistance program. Call 703-841-3833 for information.

October 15... NOVA will prepare and serve dinner for about 70 clients of the Christ House shelter in Alexandria on Monday October 15. We will be back at the newly refurbished, remodeled, rejuvenated Christ House at 131 S. West Street in Alexandria. Some of our regular kitchen crew will be out of service that day so if you can help please call Kopp Michelotti (703-241-0789) for details and directions or e-mail him at koppmich@yahoo.com.

For this month, we will continue with our "store bought" menu. Let's discuss at our social action meeting whether to reestablish our traditional menu of meatloaf and scalloped potatoes and whether there is sufficient commitment to take on one dinner per month rather than every other month.

Gunston Food Distribution: Volunteers for October

October 4 Kopp/Cece, Kathy
Scheimer, Lani
October 11 Tim, Jerry, Lani
October 18 Cecilia, Cathy,
Peter G, Lani
October 25 Glen, Syd

Don't forget to bring cereal to Nova on Sundays to be given to families on Thursdays for the Food Distribution. Cereal is very much appreciated by the children and it is best when there is enough cereal to give some to every family. Thanks for your support of the Gunston project!

~Dianne

Peace Café—Busboys and Poets

The Village - (Shirlington)
4251 S. Campbell St. - Arlington, VA
22206

**November 3
9am — 11am**

[Partners for Peace](#) is pleased to announce the upcoming:

Jerusalem Women Speak: Three Women, Three Faiths, One Shared Vision tour, which will take place from October 27 – November 18, 2007. The tour will begin in Washington, DC and travel to communities in the Southwestern U.S.

The tour will once again feature three women – Muslim, Jewish, and Christian – from Israel and Palestine to share their personal experiences and their hopes for peace with American audiences.

Dear Nova brothers and sisters,
Thank you for all you do to make the world a better place.

Jenneca and I have just returned from an exceptionally good peace retreat! We heard speakers from Oil Change, Christian Peacemaker Teams and numerous intentional communities. We heard from a Vietnam military chaplain who later became a conscientious objector (was close with Zabelca who was the chaplain on the Enola Gay on Aug 6th, 1945). We saw movies about Hiroshima and about Religious complicity with Hitler. We went to the Pentagon, the DOE (about 70% of DOE budget is weapons related), Bethel, the Military Archdiocese and the White House. We had a huge purple octopus puppet at a few of these places, making an analogy about the way octopi can reach tentacles into far off places, hide themselves in their own ink and change colors when wanted. Fun and effective.

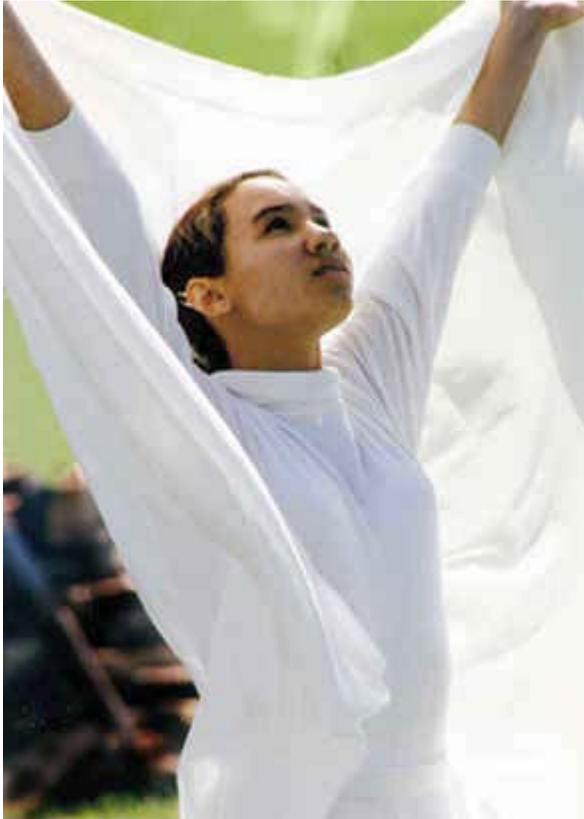
You can go to Jonah House <http://www.jonahhouse.org/> and U Tube to see more info and great pictures/videos!
Thanks for being you!

In Christ,

~Mary Grace

News — Action Required

The 15th Annual Prayer Vigil for the Earth
Sunrise, Oct 20 - 1:00 pm, Oct 21, 2007



The Prayer Vigil for the Earth is a seamless tapestry of many traditions woven into a living prayer through collective experiences of faith. The Vigil is an invitation to all peoples to gather, to pray for harmony with the natural world, peace among communities, and the well-being of all creation.

The purifying sent of burning sage welcomes all to this peaceful and prayerful space to join in fellowship with new and old friends



At dawn on Sat. Oct 20, we will light the **sacred fire** that will burn throughout the Vigil.

Come anytime during this amazing weekend!

Families are welcome and there are activities and blessings for children.

To learn more about the 2007 Prayer Vigil for the Earth, please [click here](#).

May Peace Prevail on Earth!

News — Action Required



ACTION ALERT

TAKE FIVE

CONTACT YOUR SENATORS IN SUPPORT OF THE DREAM ACT

Senator Richard Durbin (D-IL) is planning to offer the Development, Relief, and Education for Alien Minors Act (DREAM Act) as an amendment to the Department of Defense (DOD) authorization bill later this week. It is important that you take five minutes to call your Senator in support of Senator Durbin's amendment.

The DREAM Act would permit students who are undocumented to qualify for permanent residency and become eligible for in-state tuition to attend a college or university. As many as 70,000 students per year would be positively impacted by this legislation.

Please call your Senator and ask him or her to SUPPORT Senator Durbin's DREAM Act amendment to S. 1547, the Department of Defense authorization bill.

Points to Make:

Students who would qualify came to the United States as children with their parents and entered illegally through no fault of their own. The United States is the only country they have really known. This is not an amnesty bill.

Since these young persons came with their undocumented parents into the country, they have no ability to adjust their status. The DREAM Act would give them this avenue.

The DREAM Act would invest in the future of talented and bright young people who will contribute to this nation for years to come. It is in the interest of our nation to invest in their future and to help them develop their talents and skills.

The DREAM Act would remove a federal bar on in-state tuition to those without legal status and would give states the option to provide the in-state tuition option to these students.

Contact your Senators at 202-224-3121 today or use our interactive portion of the website to call by [clicking here](#). Ask your friends and neighbors to do so as well.

More info available at <http://www.justiceforimmigrants.org/>

News, Reports . . .

Nova Affirmandi Trip (continuation)

The last time I went to El Salvador was when I was ten, but my experience visiting it this past summer was completely different. I spent 10 days in 2004 with an exchange program from Key Elementary School, where I was in 5th grade. I stayed with an upper class family (who were very nice). But this time I saw a very different side of El Salvador and I did much more important work as well.

The four Nova Affirmandi arrived in San Salvador on Friday, July 27, and we spent maybe four days there, going off on day trips to Joyo de Cerén (an excavation of a Mayan village) and places where Archbishop Oscar Romero lived and worked. When we got to Ilobasco, the rural town where we were going to teach the camp, we spent some time learning about how the families there lived. We got to visit some farms in the area and learn how things worked on a farm. We had five days to run a summer camp for kids aged 6 through 12. When we first started working with the kids, I was really nervous, but it was kind of hard to be nervous when I was with kids who were six or seven. The older kids were pretty close in age to me, so I could talk to them pretty easily. It didn't really matter that I couldn't speak Spanish well and that my grammar was horrible. If I couldn't understand something, or I couldn't make myself understood, I went to Marie Keefe and she helped me by translating or giving a lot of ideas. I taught a little bit of everything, really. I did a lot with reading and stories, but I also did some singing and drawing as well. Getting the kids to be creative was a little hard. Since creativity doesn't really get you anywhere in life in El Salvador, the kids aren't really encouraged in school to

use their imaginations. It took a couple of days to get them to pretend.

I learned a lot in El Salvador. One of the things that I saw there was that just because the people there don't have a lot of things, they have a lot of spirit. It's almost as if because they aren't weighed down by objects, they can get in touch with God and religion in a way that your average American can't. In addition to that, I found that the people there were incredibly friendly and willing to help. When we got stuck up on the mountain in the rain, the people insisted on helping in any way they could, from trying to pull the car up the mountain to offering us their houses to stay in while we waited for a tow truck.

This trip really changed the way I looked at El Salvador and Hispanic culture in general. It made me want to continue learning Spanish and appreciate a lot more the things I have here in Arlington.

~Ana Cackley

Nova General Meeting:
Sunday November 18, 2007
David and Gloria Mog's Home
5 pm — Potluck Supper

Agenda: Nova Peace Statement - Presentation and Discussion, Nova Weekly Peace Candle Observance

If Community members have additional topics to be considered for the General Meeting, please contact one of us.

~Eric Carroll, John & Nancy Veldhuis

Meetings, Reports, Summaries . . .

**4th Annual
Peace & Justice Commission Conference
Diocese of Arlington
Saturday, September 22, 2007**

The conference began with a concelebrated Mass. His Eminence Theodore Cardinal McCarrick wearing his mitre and carrying his shepherd's crook and the assisting priests and altar boys walked down the main aisle of St. Anthony of Padua Catholic church in Falls Church, VA in Solemn Procession. Cardinal McCarrick gave the homily on "The Many Faces of Our Human Family: A Catholic Perspective on Immigration." The Cardinal combined the issue of global warming and the possibility of its causing significant future migrations, with the need for all Catholic Christians to understand and to practice their faith by reaching out to immigrants in 2007. The Prayers of Petition section of the Mass were for me particularly moving. Here women were featured prominently. Speakers included men and women from many countries of the world who prayed for the Catholic Church in English and in their native languages, and for people who are migrants and immigrants. After Mass concluded, those attending the conference were treated to an agape in the courtyard, before assembling for a talk by Bishop Paul S. Loverde of the Diocese of Arlington, VA. Bishop Paul pointed out that his parents were immigrants from Sicily and how it is important for Catholic Christians to understand the Catholic Church's Social teaching on immigrants and immigration. After the Bishop's talk, and a welcome message from Reverend Gerry Creedon, Marcela VonVacano and Elizabeth Belmonte, two immigrants who are members

of Churches in the Arlington Diocese gave their personal testimonies about what it was like to be immigrants to this country. After a brief lunch break, conference participants chose different workshop topics. Choices of Workshop topics included: Legislative Advocacy, Federal, State and Local, Pastoral Response, Direct Services Assistance, Impact on Families and Convening of Latino Immigrants.

Nova Community members not able to attend the conference can join the Justice for Immigrants Campaign by going to www.justiceforimmigrants.org at the US Catholic Conference of Catholic Bishops or call 202 541-3245. Additional information about legislative actions and social ministries to immigrants will be forwarded to the Nova Catholic Community discussions list in the future.

~Helen Gettys Michie

**Help Wanted:
The 40th Needs You**

More volunteers are needed to help with the festivities of the 40th. Particularly the Saturday evening dinner and Friday evening pot-luck. There will also be a number of "ad hoc" jobs and it would be good to know who is willing to help.

Please let Meg Tuccillo know of your interest at mtuccillo4@comcast.net or 703-522-5213.

Invitation . . .

You are cordially invited
To
NOVA's 40th Anniversary Celebration
January 11-13, 2008



Friday – Gathering In

7PM – Pot Luck Dinner
Musical Memories
at
the home of Meg Tuccillo, Arlington

Saturday – Main Celebration

NOVA at 40

Giving Thanks For The Work To Be Done

at
John Calvin Presbyterian Church
6531 Columbia Pike
Annandale, Va 22003

4PM - Liturgical Celebration

Quinn Connors, O.Carm., Presider
Ken Himes, OFM, Homilist

6PM – Nova Gala

Catered dinner
Premiere: “The Nova Story” – film by Jim Furlong
A Festive Frolic – Ted Miller, emcee
(reservations required)

Sunday – Brunch & Round Table

Beyond 40 Years: A Challenge to Nova

10AM - 1PM

Reflections and Discussion by Nova's Padre Cadre
at
Kenmore Middle School, Arlington

Please register now at www.nova40th.info or leave a message on Nova's phone line,
703-852-7907, to request a reservation form by mail.

Donation: \$40.00/person

Make checks payable to Nova 40th Anniversary and give to Larry Goldschmidt or send to:
Nova 40th, 407 N. Livingston St. Arlington, VA 22203

On the registration form you are invited to answer the following question:

How has your time and/or connection with Nova impacted your life?

Further questions/concerns contact: Gloria Mog, 703-522-1812 or Dianne Carroll, 703-536-2616

Invitation . . .

You are invited to a
WomenCircles Retreat Day with
Gloria J. Mog, LCSW & Brigitte Pichot, MA
A Harvest of Gratitude

Saturday, November 3rd 9:15 am.– 4:00 pm
Potomac Overlook Regional Park
2845 N. Marcey Rd. Arlington, VA 22207

Take time out with us this fall to harvest the fruits of all that you have become. Each of us carries an abundance of love and strength and beauty ripening within. This retreat day will focus on discovering ways to manifest those strengths, lessen suffering and find more joy in life. By cultivating gratitude, acceptance, and an awakened state, a more open and loving attitude blossoms and creates new and nurturing experiences. Through movement, meditation, sharing and reflection we invite you to an experience of joy, compassion and love. Invite a friend or come on your own and help us to inspire one another in the journey to wholeness.

Fee: \$100 (early bird) Bring something to share for a pot-luck lunch. Drinks provided

Brigitte Pichot is a Certified Kundalini Yoga Instructor as well as a Reiki Master and Teacher. She has 30 years of experience with Yoga and Zen Meditation and is a student of Zen Master Thich Nhat Hanh. Brigitte combines the practices of Qi Gong, yoga, meditation, breathing techniques and inspirational messages in her work and classes. 202-281-4488 www.froga.org.

Gloria Mog is a psychotherapist in private practice in Falls Church, Va. and has been leading WomenCircles retreats, renewal days, and outings for many years. Gloria is a Certified Psychodramatist and Imago Relationship Therapist who specializes in women's issues, couples and group work and spiritual growth. For more info, please call Gloria at 703-550-4164 or check the web at: www.thestonehouse.ws.

Save the date: April 18-20, 2008 – WomenCircles Spring Retreat!

Renewal Day Registration Form

Name _____

Street Address _____ City/Zip _____

Home Phone _____ Work _____ Email: _____

_____ Enclosed is \$100 (registered by 10/15/07) _____ \$125 (after 10/15)

_____ I cannot attend this Retreat Day but put me on your mailing list for future WomenCircles events.

Make checks out to **Gloria Mog** and mail with form to: 6073 Arlington Blvd. Falls Church, VA 22044

Directions to Potomac Overlook Regional Park – 2845 N. Marcey Rd. Arlington

From the South: Take 95/395 North or I-66 East to Glebe Road North Exit. Follow Glebe Rd. for several miles to Lee Highway. Turn right on Lee Hwy. Go to third stoplight and take a left on Military Road. Follow Military Rd. (bear left after 1st stoplight) to the second stoplight and take a right on Marcey Rd. You will see signs for Potomac Overlook before and at this turn. Go to the end of Marcey Rd. (past the tennis courts) to the Potomac Overlook parking lot. It is a short walk to where we are meeting at the Nature Center down the paved path.

From Alexandria and DC (via Key, Roosevelt, Memorial Bridges): Take the George Washington Parkway North towards Arlington to the Spout Run Exit (left hand exit). After the Spout Run Exit ramp, take the first right onto Lorcum Lane. You will go over a small hill and at the bottom of the hill turn right onto Nellie Custis Drive (name of the road will change to Military Rd.). Go to the first stoplight and turn right onto Marcey Rd. Then follow directions as above. For more details go to www.potomacoverlook.org

WomenCircles

c/o Gloria Mog, LCSW
6073 Arlington Blvd.
Falls Church, VA 22044

Report on Liturgy Planning

“Crossing the Borders” into New Liturgical Realms

At the final retreat session at Shrinemont this year, we explored, first in action and then in discussion, questions around when we feel most present, enlivened and spirit-filled in our liturgical life and ideas that bubbled up for extending, enlarging and stretching ourselves in liturgy. Many wonderful ideas were mentioned, here are a few of them:

- Creating a sacred space in which the liturgy takes place is very important. It should be free of distractions, rich with color, symbolism, natural flowers/plants. It can also be very simple, focused, calming.
- Circular chair arrangements help to include everyone and convey a communal feeling where everyone is important and contributing to the experience.
- Personal greeting of one another is very important as the community gathers for liturgy.
- A “good reading” of the readings is powerful.
- Weaving in more quiet time for internal focus, reflection, and listening to the Spirit within deepens the spiritual experience.
- Do more parts of the liturgy in Spanish.
- Have a circular altar now and again and gather around for the Eucharistic prayer so that all are part of the transformation.
- Incorporate more movement, body prayer, dance.
- More lay participation in the consecration.
- Invite everyone’s involvement, all of the community to be acknowledged.
- Have Fr. Chris come for homilies and para-liturgical events.
- Hold the liturgy at a Detention Center or other place that needs prayers and reform.
- Hold joint liturgies with other communities and/or churches.
- Continue to look for different space, particularly where everyone can hear better.
- Include more prayers and practices from other religions and cultures.
- Bring in more secular readings

At Social Justice liturgies, focus on a particular project/country/people so that we might learn more about them and pray for them in more depth.

Planners might want to consider some of these ideas. All are encouraged to think “outside the box” a little more and to share your ideas for liturgical innovations with the Liturgy Coordinators.

~Gloria Mog

News . . .

Hurricane Felix – “A disaster of monumental proportions”

Last month, Hurricane Felix slammed into the Northern Autonomous Region of Nicaragua’s Atlantic Coast (RAAN), leaving a path of devastation in its wake. The storm left 200,000 people, many from Nicaragua’s indigenous communities, without food, water or shelter. Over 3.2 million acres of rainforest were leveled, causing incalculable damage to this biodiverse region.

The Quest for Peace immediately issued an emergency response in coordination with our partners at the Institute of Juan XXIII in Managua, who did heroic reconstruction work after Hurricane Joan in 1988 and then Hurricane Mitch in 1998. Thanks very much to all who responded.

As the full magnitude of the disaster emerges, it is clear that a major long-term recovery effort is required. Our partners at the Institute Juan XXIII tell us, *“Felix is a disaster of monumental proportions” it has impacted the most vulnerable part of Nicaragua, the very heart of poverty.*”

[Please help us to respond in monumental proportions.](#)

Between 90 and 100% of all buildings in Puerto Cabezas and Sandy Bay were destroyed, including schools and emergency shelters, leaving people exposed to rain and scorching sun. One hospital and six health centers suffered heavy damage. Virtually all of the crops were lost as well as livestock and fruit trees, leaving communities without food. Floodwaters contaminated wells and swept away latrines creating a health and sanitation crisis. Officially 132 are confirmed dead and 106 missing, however unofficial estimates are three times higher.



The Institute Juan XXIII is providing immediate relief with what they have on hand, and will coordinate a medium term response with funds that are coming in. We will continue to post regular reports on our website as recovery efforts unfold. Thank you very much for your generous response so far. The needs are immense and more support is needed. [If you have not already, please make a donation today.](#)

The Quest for Peace Staff

Thank you, Nova . . .

Dear Nova Family,

Namaste. I honor that place of giving within you where the Divine One dwells.

Thank you for a farewell party that celebrated all of us and left me with daily reminders of your generosity in every room of my new home. A meal doesn't happen without the assistance of the kitchen furnishings you parted with so that I can get past peanut butter sandwiches for sustenance.

Far deeper presence is realized in my hart where each of you left your imprint of acceptance, encouragement, friendship – inviting me to live exuberantly, generously and peacefully. Thank you for breaking bread and sharing the cup; for inviting me to cross borders spiritually, socially and liturgically.

Keep your hearts open. Party often. Come and see me. My home is your home. It's easy to find off I95 where the brave dare to travel.

*With merry love,
~Marcelline*

[Editor's Note: Marcelline is not yet hooked up with email, but does have other contact info: 7590 E. Parham Rd. #211
Richmond, VA 23294
(804) 756-0494]



We deeply appreciate your gift. [\$150.00 Dean Houck Memorial] Bethany House depends on contributions and donations like yours to assist in helping the women and children we serve recover from the devastating effects of domestic violence. It takes many hands and hearts to serve the needs of others. By putting your concern into action, you have indeed made a difference in the kind of care we provide.

/s/ Sharleen Andrews, Exec. Director



Dear Dianne,

On behalf of Muslim Women's Coalition I would like to thank you and the women at Nova Catholic Community for their generous donation of two large baskets filled with items from the "MWC Need List" toward the MWC Ramadan Basket project 2007. MWC will be giving these baskets to Loudon Abused Women's Shelter.

May God bless you all. It is people like you who make a difference in the lives of many.

Sincerely,
Uzma Farooq
Vice -President
Muslim Women's Coalition
Director for the Greater Washington DC
Area Office
uzmaa@aol.com
Phone #703 241 1021
Washington, DC Area Office main page
<http://www.mwcoalition.org/id10.html>

[This thank you was received from the Muslim Women's Coalition for the basket of personal items, food items, and children's items that was put together by the Silent "Grandmothers" Standing for Peace group.]

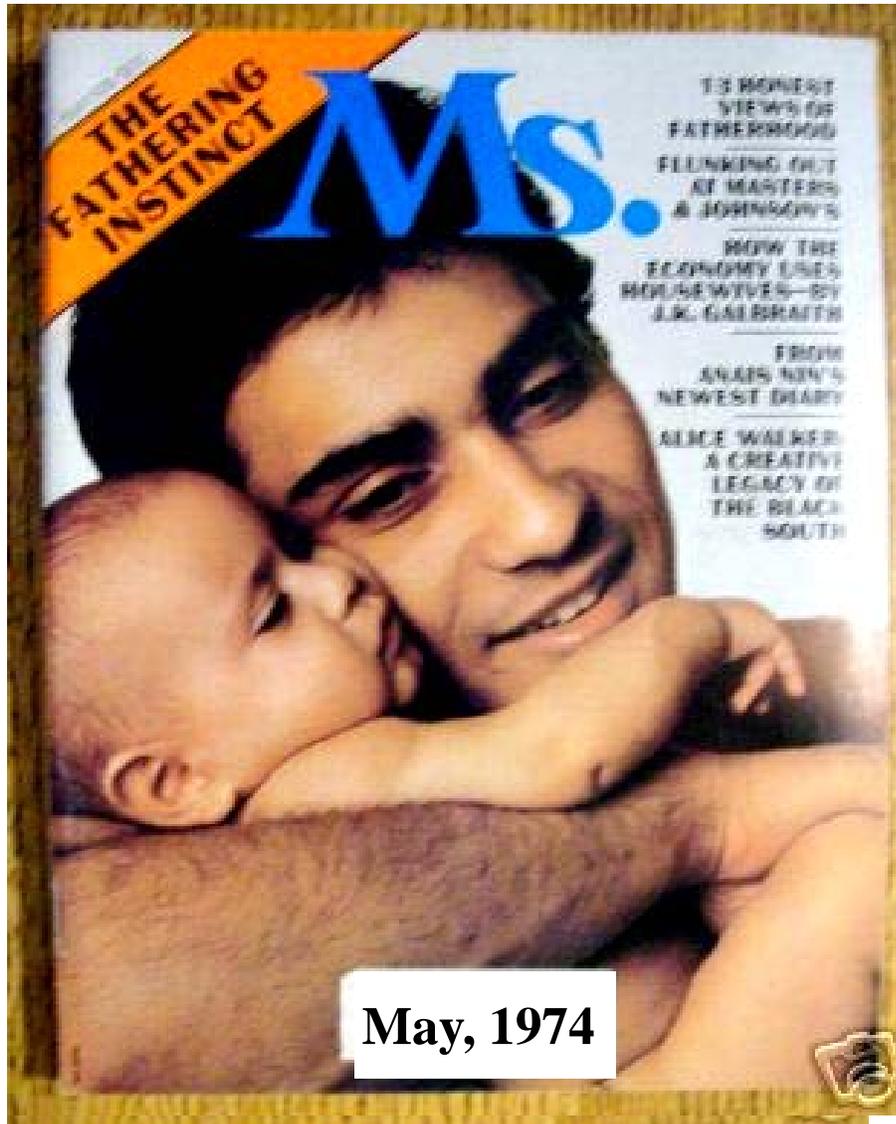
NOVA Retreat 2007 . . .

Crossing Barriers



From NOVA's History. . . .

Joe Annunziata in 1974?



May, 1974

Could be, but . . . Nah. . .



October, 2007



NOVA Calendar

Today! ... -- Justice for Immigrants, Take 5 Action Alert, page 9
Tuesday, October 9 – Intro Catholic Social Teaching, page 12

Sunday, October 14 – Christ House Open House, page 7

Monday, October 15 – Christ House Dinner Service, page 7, contact Kopp

“ “ -- Kathleen Kennedy Townsend, 7:00 pm, St. Aloysius, DC (postponed from last month)

Saturday, October 20 – 10am – 2pm, SALT Conference, St. Marks, Sept NN, page 8

October 20-21 – 15th Annual Prayer Vigil for Peace, page 8

Sunday, October 21 – Liturgy lottery begins, page 4
-- Bread for the World Sunday, page 6

Sunday, October 23 – DEADLINE, November Nova Notes, page 2

Saturday, November 3 – WomenCircles Retreat Day, page 14
-- Peace Café, 3 Jerusalem Women, page 7

Sunday, November 11 – Nicaraguan pottery & artworks sale, after liturgy (Quixote Center), page 2

Tuesday, November 13 – Life & Dignity of the Human Person, page 12

Sunday, November 18 – General Meeting, page 10

January 11-13, Nova Anniversary, page 13