



# nova notes

Newsletter of the NOVA Community December, 2005

## Chair Notes

**Nova has been wandering the hallways of Kenmore since September.** We will remain in the larger cafeteria area at least through Christmas. Three months of wandering seems reasonable considering Moses and the Israelites wandered in the desert for forty years. The Israelites wandered even though Moses could do things like part the Red Sea. No member of Nova has ever claimed such miraculous powers. If Nova settles into its new space within 39 years and nine months we are doing great.

The readings for November focused on Chapter 25 of Mathew's Gospel. We were reminded that God has some definite expectations for us. We heard about the foolish virgins whose lamps ran low on oil and were barred from the wedding feast. We also heard the parable of the ten talents. We are definitely expected to use our gifts! Personally, I have always identified with the servant who buried his talents. How would you invest in ancient times? After all there wasn't any SEC or FDIC. They didn't even have Alan Greenspan. Lastly, we heard about the judgment at the end of time. How the Lord will separate the righteous from those who ignore God's will. Aren't the readings which focus on the end of time fun?

Questions of righteousness in liturgy fed right into our yearly social justice meeting. John Mausert-Mooney reminded us of a statement from Pedro Arupe, SJ that "injustice is practical atheism". Dianne Carroll provided us with new ways to keep the questions of social justice before us. Dianne gave us a postcard before the social justice meeting to

awaken new social justice ideas. At the meeting she gave us all notebooks to record our daily social justice activities. Thanks, Dianne, for keeping the social justice before us all year long. At the meeting, we discussed Nova's various charitable endeavors. Of particular concern was the means that food can be delivered to the poor in the future. Food must be prepared under the supervision of certified food handlers in approved kitchens. These requirements are stumbling blocks for preparation of the home cooked meals we serve to ASPAN and Christ House. Nova is pondering how we can continue to provide food with a personal touch to the poor. The early Christians included the poor in their liturgical celebrations. I hope our personal ministry to the poor and hungry remains strong. Chapter 25 of Mathew's Gospel requires no less. If we only had manna from heaven! On second thought, I doubt heaven's kitchens have been inspected.

Our Advent theme is "Rejoice always, pray constantly, give thanks." Thanks to Linda Rosenberg for providing us with prayer beads to keep those thoughts before us for the season.

With the coming of Advent all Christian's await the coming of Christ. We at Nova are doubly blessed. We await the coming of Ken Himes at 10:00 on Christmas day as well.

Shalom

~John Tarrant

*NOVA Catholic Community*

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The NOVA Catholic Community Invites You To Celebrate The Eucharistic Liturgy With Us Every Sunday In Arlington, Virginia.

**Note: Our Liturgy is usually celebrated at Kenmore Middle School, Arlington Blvd. and Carlin Springs Rd, Arlington, VA. However, we are actively exploring other facilities. If you have not attended Nova for awhile or are new to us, please confirm with any of the people listed above.**

**Liturgy begins at 10:15 am—Gather at 10:00 am**

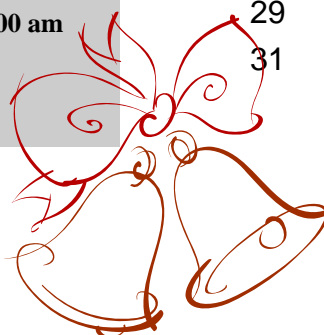
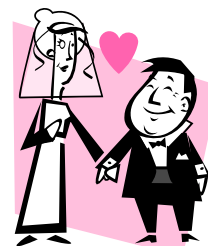
**newsletter deadline**

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**Sunday, December 18**

# Birthdays, etc December

- 8 Joe Bonsignore  
Grace Michie  
*Marjorie Weber (RIP)*
- 11 Anna Todaro  
Carmela Ormando
- 12 Jim Furlong  
Chris Maussert-Mooney
- 13 Andrew Perez-Lopez
- 15 Leonardo Yath-Cruces
- 16 David Markey
- 18 Sonja Donahue
- 19 Annunziata Wedding \*  
Peter Mandaville  
Anya Perez-Lopez  
Tonya Perez-Lopez
- 21 Mendez Wedding \*  
Peter Mele  
Warren Reich
- 25 Jesus
- 26 Lila Powell  
Kathy Perez-Lopez
- 28 Judy Christofferson
- 29 Jerry Barrett
- 31 Joel Mog



\* Wedding Anniversary

# Liturgies

## DECEMBER MUSIC LIAISON .....

Linda Rosenberg

### November 27 – 1<sup>st</sup> Sunday of Advent

Bill Callahan – M. Niemann & Heinzens

Isaiah 63:16-17, 19

Psalm 80:2-3, 15-16, 18-19

1 Corinthians 1:3-9

Mark 13:33-37



### December 4 – 2<sup>nd</sup> Sunday of Advent

Jim Hug, SJ – Ken Chaison

Isaiah 40:1-5, 9-11

Psalm 85:9-14

2 Peter 3:8-14

Mark 1:1-8



### December 11 – 3<sup>rd</sup> Sunday of Advent

Joe Kenna – Kate Doherty

Isaiah 61:1-2, 10-11

Psalm: Luke 1:46-50, 53-54

1 Thessalonians 5:16-24

John 1:6-8, 19-28



### December 18 – 4<sup>th</sup> Sunday of Advent

Francis DiSpigno, OFM – Linda Rosenberg

2 Samuel 7:1-5, 8-11, 16

Psalm 89:2-5, 27, 29

Romans 16:25-27

Luke 1:26-38



### December 25 – Christmas

Goodwin House West — 10:00 am

Ken Himes, OFM – J Mausert-Mooney,

Meg Sullivan, Cackleys

Isaiah 62:11-12

Psalm 97:1, 6, 11-12

Titus 3:4-7

Luke 2:15-20

## JANUARY MUSIC LIAISON .....

Barbara Formoso

### January 1, 2006 -- Mary, Mother of God At Pax Community – 9:00 am.

Numbers 6:22-27

Psalm 67:2-3, 5- 8

Galatians 4:4-7

Luke 2:16-21

*more details in next  
newsletter available by  
Christmas*

### January 8 -- Epiphany of the Lord

Jim Coriden – Rosemarie Annunziata

Isaiah 60:1-6

Psalm 72:1-2, 7-8, 10-13

Ephesians 3:2-3, 5-6

Matthew 2:1-12

### January 15 – 2<sup>nd</sup> Sunday in Ordinary Time

Joe Nangle, OFM -- Cackleys

1 Samuel 3:3-10, 19

Psalm 40:2, 4, 7-10

1 Corinthians 6:13-15, 17-20

John 1:35-42

### January 22 – 3<sup>rd</sup> Sunday in Ordinary Time

Jim Scullion, OFM – Emma Violand-Sanchez

Jonah 3:1-5, 10

Psalm 25:4-9

1 Corinthians 7:29-31

Mark 1:14-20

### January 29 – 4<sup>th</sup> Sunday in Ordinary Time

Joe Nangle, OFM – Meg Sullivan,

John Mausert-Mooney

Deuteronomy 18:15-20

Psalm 95:1-2, 6-9

1 Corinthians 7:32-35

Mark 1:21-28

### Liturgy Tip

#### You've Been Asked To Do One of the Readings....Now What?

Scripture is fundamentally the spoken and heard word. The reader "proclaims" it, the rest of us, absent disability, "hear" it proclaimed. How might you prepare to effectively engage the community in the dynamic of hearing and listening? You, hopefully, have had the text provided in advance so that you can practice reading it and become familiar and comfortable with the meaning of the scripture and the pronunciation of unusual words. Try reading it to someone in the family or to a friend. Read it out loud if possible to get used to its sound.

In addition to becoming comfortable with the words and the meaning of the reading, you might want to give some thought to the tone and volume of your voice as well as to your gestures and other body language, all of which can help convey, perhaps more dramatically, the meaning of the spoken word. Pausing from time to time can further engage the listener; don't hesitate to use the silence of a pause to bring focus to the words that preceded and to those that will follow! Most of all enjoy this unique opportunity to bring life to the Scripture at NOVA's Sunday liturgy by being a reader!

~Rosemarie Annunziata

*On the following pages, you will find our projected calendar for the new Church year.*

*Please review and know that you are warmly encouraged to sign up for a liturgy. If possible, commit to work on a liturgy or two. You are invited to select any liturgy. If the date is one of your liking and no one else has selected it, then, by all means sign up for the liturgy and invite another member to join you in the planning. "Signing up" is as easy as contacting our doyen of the Liturgy Lottery, Archer Heinzen, at [heinzen@erols.com](mailto:heinzen@erols.com) or at (703) 548-6713.*

*If your best date(s) are already taken, then contact those planners and let them know that you would like to join them. If you don't have a copy of the latest Nova Directory (last edition, November 2005) then contact Ken Chaison at [kenchaison@yahoo.com](mailto:kenchaison@yahoo.com) or at (301) 571-8180. The Directory contains guidelines helpful for planning our liturgies.*

*Participation in the planning of a liturgy is a team effort and an experience that enriches our community overall. Consider it a gift of yourself to the Community.*

[Editor]

*PS: Note that Palm Sunday needs a planner(s).*

*Joe Kenna, presiding*



Yes, see Elmo, with reverent awe and attention

## Nova Liturgies 2005-6 Year B – Cycle II

Date	Planner(s)	Presider	Notes
<b>2005</b>			
11/27	Marceline Neimann, Heinzens	Bill Callahan	1 <sup>st</sup> Sunday of Advent
12/4	Ken Chaisen	Jim Hug, SJ	2 <sup>nd</sup> Sunday of Advent
12/11	Goldschmidts	Joe Kenna	3 <sup>rd</sup> Sunday of Advent
12/18	Linda Rosenberg, Kathy Scheimer	Francis DiSpigno, OFM	4 <sup>th</sup> Sunday of Advent
12/25	Cackleys, John Mausert-Mooney, Meg Sullivan	Ken Himes, OFM	Christmas
<b>2006</b>			
1/1	PAX	Vince Cushing	Mary, Mother of God
1/8	Rosemarie Annunziata	Jim Coriden	Epiphany of the Lord
1/15	Cackleys	Joe Nangle, OFM	2nd Sun. in Ord. Time
1/22	Emma Violand-Sanchez	Jim Scullion, OFM	3 <sup>rd</sup> Sun. in Ord. Time
1/29	Meg Sullivan, J Mausert-Mooney	Joe Nangle, OFM	4th Sun. in Ord. Time
2/5	Kate Doherty	Bill Callahan	5 <sup>th</sup> Sun. in Ord. Time
2/12	Marie Keefe	Joe Kenna	6 <sup>th</sup> Sun. in Ord. Time
2/19	Social Action: Diane, Cathy	Sidney Griffith, ST	7 <sup>th</sup> Sun. in Ord. Time
2/26	Peggy Meyer, Peggy Becker	Jim Scullion, OFM	8 <sup>th</sup> Sun. in Ord. Time
3/1	John Tarrant, Marceline Niemann	Joe Kenna	Ash Wednesday
3/5	Timpanes	Ken Himes, OFM	1 <sup>st</sup> Sun. of Lent
3/12	Gloria Mog	Bill Callahan	2 <sup>nd</sup> Sun. of Lent
3/19	Walt Landry	Jim Scullion, OFM	3 <sup>rd</sup> Sun. of Lent
3/26	Goldschmidts	Francis DiSpigno, OFM	4 <sup>th</sup> Sun. of Lent
4/2	Heinzens	Bill Callahan	5 <sup>th</sup> Sun. of Lent
4/9	Unassigned	Joe Kenna	Palm Sunday
4/13	Holy Thursday Group	John Langan, SJ	Holy Thursday
4/14	Meg Tuccillo		Good Friday
4/15-16	Tim White		Easter
4/23	Baileys	Francis DiSpigno, OFM	2 <sup>nd</sup> Sunday of Easter
4/30	Michelotti's	Bill Callahan	3 <sup>rd</sup> Sunday of Easter
5/7	Christoffersons	Jim Scullion, OFM	4 <sup>th</sup> Sunday of Easter

## Nova Liturgies 2006—continued

Date	Planner(s)	Presider	Notes
5/14	Mary Gillmarten, Marie Pinho	Joe Nangle, OFM	5 <sup>th</sup> Sunday of Easter
5/21	Cathy Showalter, Social Justice Grp	Quinn Conners, O.Carm.	6 <sup>th</sup> Sunday of Easter
5/28	Victoria Robinson	Francis DiSpigno, OFM	7 <sup>th</sup> Sunday of Easter
6/4	Linda Rosenberg, K Schiemer		Pentecost
6/11	Mary Gillmarten, Alicia Cackley		Holy Trinity
6/18	Marrons		Body and Blood of Christ
6/25	Meg Tuccillo		12 <sup>th</sup> Sun. in Ord. Time
7/2	Glen & Anne Passin		13 <sup>th</sup> Sun. in Ord. Time
7/9	Prayer Group: Meyers, Tim White, Marie Schum-Brady		14 <sup>th</sup> Sun. in Ord. Time
7/16	Peggy Becker		15 <sup>th</sup> Sun. in Ord. Time
7/23	Tim White		16 <sup>th</sup> Sun. in Ord. Time
7/30	Victoria Robinson		17 <sup>th</sup> Sun. in Ord. Time
8/6	Gloria Mog		Transfiguration
8/13	Joe Annunziata		19 <sup>th</sup> Sun. in Ord. Time
8/20	Cackleys		20 <sup>th</sup> Sun. in Ord. Time
8/27	Peggy Meyer		21 <sup>st</sup> Sun. in Ord. Time
9/3	David Mog		22 <sup>nd</sup> Sun. in Ord. Time
9/10	Emma Violand-Sanchez		23 <sup>rd</sup> Sun. in Ord. Time
9/17	Meg Sullivan, J Mausert-Mooney		24 <sup>th</sup> Sun. in Ord. Time
9/24	Formosos		25 <sup>th</sup> Sun. in Ord. Time
10/1	Marie Keefe		26 <sup>th</sup> Sun. in Ord. Time
10/8	Michelotti's		27 <sup>th</sup> Sun. in Ord. Time
10/15	Christoffersons		28 <sup>th</sup> Sun. in Ord. Time
10/22	Kate Doherty		29 <sup>th</sup> Sun. in Ord. Time
10/29	Social Action: Dianne		30 <sup>th</sup> Sun. in Ord. Time
11/5	Mikaela Mali, Joe, Carmela, Michael Ormando Kane		31 <sup>st</sup> Sun. in Ord. Time
11/12	Veldhuis's		32 <sup>nd</sup> Sun. in Ord. Time
11/19	Walt Landry		33 <sup>rd</sup> Sun. in Ord. Time
11/26	Lowreys (possible)		Christ the King

**Music Liaisons:**

JAN & FEB, 2006: BARBARA FORMOSO  
 MARCH & APRIL, 2006: GLORIA MOG  
 MAY & JUNE, 2006: TIM WHITE  
 JULY & AUGUST, 2006: VICTORIA ROBINSON  
 SEPT & OCT, 2006: CHARLIE & AMY BAILEY

## Nova Social Justice Projects for 2006

<b>Project</b>	<b>Monthly Amount</b>	<b>Sponsor</b>
<b>Action Africa</b> Rev.Chris Egbulem project/health care in seven villages in Nigeria	<b>250</b>	<b>Joe Annunziata/Marie Keefe</b>
<b>Adopt A Family</b> Support of Daud and family, tutoring of daughters, emergency assistance	<b>100</b>	<b>Tim White, John Mausert-Mooney, Cece Michelotti, Carolyn Miller, Cathy Goldschmidt</b>
<b>Amanecer Orphanage-Salomon Klein</b> <a href="http://www.amanecer-bolivia.org/amanecer.htm">http://www.amanecer-bolivia.org/amanecer.htm</a> Orphanage in Cochabamba Bolivia	<b>175</b>	<b>Emma Violand-Sanchez</b>
<b>(AFAC) Arlington Food Assistance Center</b> Distributes food free to people referred by qualified agencies	<b>100</b>	<b>Dianne Carroll</b>
<b>(ASPAN) Arlington Street People's Assistance Network</b> <a href="http://www.a-span.org">http://www.a-span.org</a> Offers support, emergency shelter, assistance in employment and housing	<b>100</b>	<b>Meg Tuccillo</b>
<b>Barrios Unidos</b> Organization working with teens, Culmore area, Falls Church, VA	<b>75</b>	<b>Meg Tuccillo</b>
<b>Bethany House</b> Housing for homeless and abused women (Dean Houck Memorial)	<b>75</b>	<b>Anne Houck</b>
<b>Center for Concern</b> <a href="http://www.coc.org">http://www.coc.org</a> Non-governmental Organization (NGO) working for greater global justice	<b>75</b>	<b>Gil Donahue Rev. Jim Hug</b>
<b>Co-partners of Campesinas</b> Supports women's education and empowerment in Latin Am.	<b>75</b>	<b>Archer Heinzen</b>
<b>Escuela Bolivia</b> Courses in English, Spanish and Computers in Arlington	<b>100</b>	<b>Emma Violand-Sanchez</b>
<b>Greenwell Foundation</b> Therapeutic and recreational horseback riding for people with and without disabilities	<b>100</b>	<b>John Tarrant</b>
<b>Handicapped Encounter Christ (HEC)</b> Retreats for physically disabled and able-bodied	<b>75</b>	<b>Bill Meyer</b>
<b>Helping Others Pursue Education (HOPE)</b> Provides opportunities to needy students in Arlington	<b>75</b>	<b>Emma Violand-Sanchez Cece Michelotti</b>
<b>Holy Cross Abbey</b> <a href="http://www.holycrossabbeybrryville.org/">http://www.holycrossabbeybrryville.org/</a> Trappist monastery in Berryville, VA	<b>25</b>	<b>Marie Pinho, Gen/Mike Timpane</b>
<b>Kenmore Project</b> Scholarships for summer school attendance are provided for Kenmore students.	<b>75</b>	<b>Emma Violand-Sanchez</b>
<b>New Community Church, Washington, DC</b> <a href="http://www.newcommunitychurchdc.org">http://www.newcommunitychurchdc.org</a> Supports Jim Dickerson and the MANNA projects. DVD available to view	<b>50</b>	<b>Jim Weber</b>
<b>Nonviolent Peaceforce Project</b> <a href="http://nonviolentpeaceforce.org/">http://nonviolentpeaceforce.org/</a> DVD available to view Facilitate the creation of a trained, international civilian nonviolent peaceforce, then sent to areas of conflict.	<b>200</b>	<b>Nick Mele</b>

(Continued on page 8)

(Social Action Projects 2006, continued from page 7)

<b>Project</b>	<b>Monthly Amount</b>	<b>Sponsor</b>
<b>Classroom Project in Uganda</b> Building student dormitories and classrooms for students at CBU in Uganda	<b>150</b>	<b>John &amp; Nancy Veldhuis</b>
<b>Nova Co-op</b> Provides fresh food to AFAC, 3 shelters and 4 families	<b>400</b>	<b>Eric Carroll</b>
<b>Prison Ministry of Rev. Valerie Dixon</b> Support of her ministry in the women's prison in Connecticut	<b>75</b>	<b>Dianne Carroll</b>
<b>Rev. Peter Henriot, S.J.</b> <a href="http://www.jctr.org.zm">www.jctr.org.zm</a> NOVA member working in Zambia	<b>75</b>	<b>Rev. Peter Henriot</b>
<b>Voice of the Faithful</b> <a href="http://www.votf.org/">http://www.votf.org/</a> To support those who have been abused, to support priests of integrity, and to shape structural change within Church	<b>25</b>	<b>Marie Pinho/Bernie Byrne</b>
<b>Women's Ordination Fund</b> <a href="http://www.womensordination.org/">http://www.womensordination.org/</a> The Women's Ordination Conference is a US based Catholic organization working locally and nationally in collaboration with the worldwide movement for women's ordination.	<b>50</b>	<b>Nancy Veldhuis</b>
<b>Bread for the World</b>	<b>\$150/year</b>	<b>Peggy Meyer</b>
<b>Arlington Interfaith</b>	<b>\$100/year</b>	<b>Cece Michelloti</b>
<b>Virginia Interfaith Center for Public Policy</b>	<b>\$250/year</b>	<b>Peggy Meyer</b>
<b>ASPAN Overnight Winter Shelter</b> Meg Tuccillo Volunteers staff the emergency shelter in Arlington (courthouse area) in 2 shifts, evening and overnight.		
<b>Centro Villa Candelaria</b> Dianne Carroll A school in Cochabamba, Bolivia educating and supporting the child and family. A group of 34 Nova members participate in this project. Each person contributes \$10/month for 1 child. The parents of the children contribute to the school a small amount and some cannot pay at all and are on scholarship		
<b>Christ House</b> <a href="http://www.cdda.net/christ_house.html">http://www.cdda.net/christ_house.html</a> Kopp Michelotti George Lowrey(emeritus) Making and serving the evening meal to those who are hungry in Alexandria, a Catholic Charities facility.		
<b>Gunston food distribution</b> Dianne Carroll Nova volunteers pick up perishable food at the AFAC warehouse on Nelson Street in South Arlington and take it to Gunston Middle School. They carry it in to the recreation center and distribute to the families. About 20 Nova people volunteer with this project.		
<b>St Clement's Emergency Shelter</b> Dianne Carroll This overflow shelter is housed in the sanctuary at St. Clement's Episcopal Church in Alexandria. The guests, homeless men that otherwise would have to sleep outdoors, are prescreened at Carpenter's Shelter and arrive after their evening meal. Volunteers work a 7-7 shift in the sanctuary of the church. January 1-March 15 Nova sends volunteers 6 nights during that time		
<b>Norah's tuition</b> Jan and June Several Nova women are paying tuition for Norah in Uganda		

*This is an abbreviated description of each project. You can obtain a more detailed description if you'd like to have one.*



## Social Justice/Action Meeting..... November 13, 2005

### Opening ---- Prayer

#### Overview of meeting and projects

#### Prayer of Affirmation and Commitment

Community response:

*You have gifted us*

*And called us by name.*

#### John leads discussion: "our neighbor"

Prayer of Affirmation and Commitment:

Community response

You have gifted us

And called us by name.\*

#### Meg leads discussion: Nova's focus on Social Justice with inclusion of "exercises"

Prayer of Affirmation and Commitment:

Community response

You have gifted us

And called us by name.\*

#### Eric leads discussion: Gunston commitment

Prayer of Affirmation and Commitment:

Community response

You have gifted us

And called us by name.\*

#### Kopp leads discussion: Christ House

Prayer of Affirmation and Commitment:

Community response

You have gifted us

And called us by name.\*

#### Tim and John M-M lead discussion: Daud's family

Prayer of Affirmation and Commitment:

Community response

You have gifted us

And called us by name.\*

### Closing

#### Community Prayer (Tenzin Gyatso, the 14<sup>th</sup> Dalai Lama)

May I become at all times, both now and forever

A protector for those without protection

A guide for those who have lost their way

A ship for those with oceans to cross

A bridge for those with rivers to cross

A sanctuary for those in danger

A lamp for those without light

A place of refuge for those who lack shelter

And a servant to all in need.

\* Prayer: taken from prayer by Jane Deren, Ph.D

### Prayers used for the meeting:

Holy God

Let the sprouts of justice

You seeded in us

Take root and flourish

Producing empathy and caring

And the desire to spread your reign.

May we remember your generosity to us

And be willing, in turn, to share your gifts

With those in need, suffering and helpless.

Help us to discern

How best to give of our material resources

And how to apply our time, energy and skills.

We wish to embark on your service

With smiling faces, a kind word and sincere  
charity.

Shine through us, Holy God,

And let our outreach extend your peace

We make this prayer in Christ's name,

Who gave of himself unstintingly.

AMEN

(by Sonja)

*We choose to live grounded*

*In your love, God of goodness*

*And to proclaim your wisdom,*

*The path of justice and peace*

#### After discussion:

We are thankful for your call,

For the Spirit that graces us,

For the social issues that engage us, and

For the communities that embrace us.

#### Community response:

You have gifted us

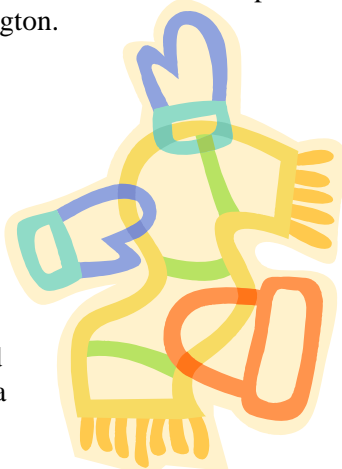
And called us by name.

## News/Announcements .....

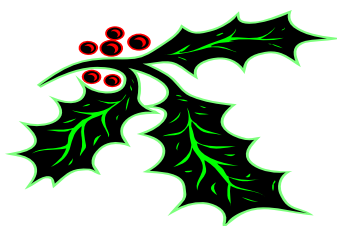
### Last Chance to Cook Meatloaf!

On Monday, December 19, NOVA will prepare and serve meatloaf and scalloped potatoes to the hungry clients at Christ House. Because of new enforcement initiatives by the Alexandria Health Department, this is the last time we will prepare our "traditional" meal. Please mark your calendars to remember to bring your meatloaves and spuds to liturgy on December 18. Alternatively, you may drop them off at the Michelotti's anytime on Sunday or up till 2 PM on Monday the 19<sup>th</sup>. Just leave them in the coolers on the front porch at 6325 19<sup>th</sup> Street N., Arlington.

Since it's the Christmas season, this month we also try to give the Christ House clients a little something special - a useful, warm present. So please also bring gloves, hats, or socks, *wrapped as Christmas presents*, and marked as gifts for a man, a woman, or a child.



It was decided at the Social Action meeting that, in 2006, NOVA will continue to serve meals at Christ House but we will change our operation so that all the food we provide is prepared at the Christ House kitchen. Essentially, this will involve buying industrial size packages of prepared foods and cooking them at Christ House. We will undoubtedly do some experimenting for the first several times we serve under the new regime. If you'd like to get involved in the kitchen or just have suggestions about ways to feed the hungry while staying within the health department rules, please contact Kopp Michelotti (703-241-0789, [koppmich@yahoo.com](mailto:koppmich@yahoo.com)). But for now, remember that this is your last chance to cook homemade food for the hungry!



~Kopp Michelotti

### Visit to Richmond

On November 13<sup>th</sup> while celebrating with us, Fr. Ray Kemp asked us to remember in our prayers, the good people at St. Elizabeth Catholic Church in Richmond, VA. He mentioned that NOVA and this parish had much in common. Since Kopp and I were planning on visiting my sister the following Sunday we decided to take the opportunity to find the parish. Reflecting back this evening I am thinking that I can't remember when I have felt more welcomed at any church gathering.

St Elizabeth's, located at 2712 2<sup>nd</sup> Avenue, has but one Sunday Mass - at 9 a.m. This is primarily a black parish in a very poor area of Richmond, Highland Springs. We arrived early along with several other members of the parish. What we had not realized was that this was Homecoming Sunday at St. E's and so a big celebration was planned for after Mass.

So how is St. E's similar to NOVA as hinted by Ray Kemp? Here are a few ways:

- The members of the parish plan the liturgy serving as ministers of the WORD, the EUCHARISTIC and HOSPITALITY.
- This parish does not have the luxury of having its own priest. They share with other parishes. (Thus Ray Kemp has gotten to know them.)
- The Kiss of Peace was a total break in the Mass as people walked about greeting one another, us included, as though we were old friends.
- Guests were asked to rise and introduce themselves and everyone applauded for us. (There were probably 12-15 guests.)
- Rev. Michael Schmied, in his homily talked about the many projects that had been taken on by the members of St. Es over the years, and about the deep caring for others exemplified by the members.
- The men of the parish presented a check for the repair of the heating system. (It was VERY cold.) There was mention that the peeling paint and the AC were both in desperate need of attention.



(Continued on page 11)

## Announcements..... (continued)

(Visit, continued from page 10)

The members are warm and friendly and include some celebrated folk in their company:

- \* **Bishop Sullivan** will be the celebrant for Christmas Mass Dec. 24<sup>th</sup> at 6 p.m.
- \* **Tim Kaine**, Governor-elect of Virginia and his family have been long-time members of the parish. They were wed there 21 years ago this past week.
- \* **Rev. Michael Schmied** presided at this wedding and was also the celebrant when we visited on Sunday, November 20.
- \* The Kaine family was there when we attended and we got to meet them.
- \* The St. Elizabeth's Choir will sing at the governor's inauguration in Williamsburg.

Talk about serendipity! We sought out this church on a whim, based on a passing remark by one of our NOVA celebrants and it turned out to be well worth the time and effort. We might talk more in the future, about what else we might share with this congregation.

~*Cece Michelotti*

***Blessings to Brother Joe who is leaving us for Notre Dame.***



### Christmas Chorale



The New Dominion Chorale and orchestra presents GLORIA! GLORIA! on Sunday, 12/4, 2005 at 4pm at the Rachel Schlesinger Concert Hall at NOVA's Alexandria's Campus, 3001 North Beauregard Street in Alexandria. Soloists Amanda Gosler (soprano) and Jose Sachin (tenor) will be performing in a program that includes the Gloria movement from Puccini's MESA DI GLORIA, selections from Handel's MESSIAH, and other glorious music for the holiday, including a sing-along of familiar carols. Tickets are \$25, free covered parking is included, and tickets can be obtained by calling 703-442-9404. I can also purchase tickets for you, please call or email me by 6:00 on 11/28..

~*Kathy Scheimer*

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# News/Announcements.....(cont'd)

## Congratulations

### TO: Rosemarie Annunziata



Rosemarie is receiving a special award from the Fairfax Bar Association on December 5, called the Jurisprudence Award. This award is being given to her for her work in the law and for her volunteer service to the community-at-large. According to the information provided by the Bar, the award is presented to "those individuals who have left an indelible mark on the practice of law in Northern Virginia and the Commonwealth of Virginia."

Since the award is reserved for those who serve above and beyond the norm, in the 15 years since its inception, the Bar has only given the award to five other individuals. In her honor, Justice Anthony Kennedy from the United States Supreme Court will be the keynote speaker! In addition, the Chief Justice of the Virginia Supreme Court, the Chief Judge of the Court of Appeals, and the Chief Judge of the Fairfax Circuit Court will also speak on her behalf.

She will also be honored in January when the Virginia Law Foundation will induct her as one of its members, a membership limited to one percent of Virginia lawyers.



### TO: Holy Cross Abbey

for making "The Best of Washington" list in the current *Washingtonian* magazine, December 2000, for their fruitcake. A 36-ounce, brandy laced cake sells for \$20. To order, call (540) 955-9494 or online at [monasteryfruitcake.org](http://monasteryfruitcake.org). Another option — visit with Nova's Day of Recollection on December 10 (see last month's newsletter and/or contact Mike Timpane for details).



### TO: Bill Callahan

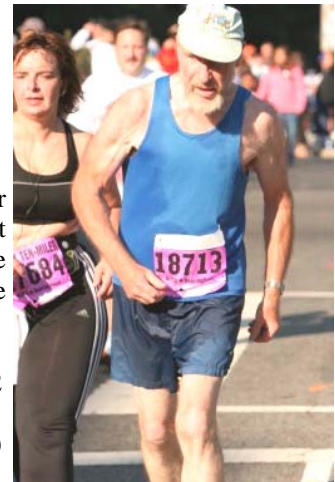


On October 2nd, Bill ran AND finished the Army Ten-Miler. This is the largest 20 mile race in the country. This year, because of a suspicious package, the course was modified and resulted in a longer course of 11.2 miles.

Note that while a runner may walk, they must maintain a 15 minute pace or better to remain in the race.

Time at 6.5 split = 1:40:02

Division 70-99(years old!)



looking good!

## Announcements.....(cont'd)

### FROM: Valerie's Prison Ministry

Dear Nova Friends,

It has been an exciting fall in prison ministry, and I want to share three highlights:

- "Inside" I continue to teach women in the Chrysalis Interfaith Living Unit on the grounds of York Correctional Institution in Niantic, Connecticut. During the last year our program has expanded from 38 to 43 participants. Through prayer and meditation, teaching, discussion, and creative arts, we help the women develop a strong spiritual life and heal emotional wounds. We meet on Tuesday and Thursday afternoons for class, and on Wednesday nights each woman in the group meets with a Prayer Partner, a woman of faith from a local church who serves as listener and friend. Last August, with the help of a small grant, we were able to hire a Chrysalis Graduate Coordinator to work one on one with those women who have completed the core curriculum and who wish to remain in the Chrysalis Community. Next month I will complete my second full year as Chrysalis Coordinator, and I continue to find this work the most challenging and the most satisfying I have ever done. I am constantly amazed by the growth and transformation I see in both the women and in the volunteers who join us. It is clear that Jesus calls us who have much into relationship with those who have little for our mutual transformation -- we need each other's insights and gifts!
- "Outside" of York, I continue to work with *Epiphany: Mentoring for Ex-Offenders*, the pilot project in Bridgeport designed to help women during the first critical year after their release from prison. In early October I had the opportunity to send first woman from York, CI to Epiphany. She is now working with her Epiphany mentors at Calvary & St. George's Episcopal Church in Bridgeport. Last week there were happy tears on all faces as Danielle and her mentors reported on their progress at the Epiphany meeting. The group is now preparing to receive a second woman this month. By next spring we plan to have the training manual written, and we will host a conference to prepare other faith communities to do this life-changing work.
- Finally, the fledgling Connecticut Episcopal Diocesan Prison Ministry Group is beginning to take shape. With the encouragement of our bishop, folks involved in prison work around the state now meet

on a regular basis. We hosted the Reverend Jackie Means, National Director of Episcopal Prison Ministries, in September. She inspired us to get organized so that we can be more visible, raise awareness of the needs of those in prison, and recruit more volunteers.

So the waiting list for the program continues to grow, the work continues to expand, and we continue to feel that we have a front row seat at miracle play directed by the Spirit. I hope very much to be able to visit next spring and share some of the stories.

Once again, thank you for your prayers, encouragement, and support!

With love,

~Valerie Dixon

The Jacomet and Houck families and Marcelline Niemann thank you for your love and support during Marcy's illness and this time of grieving and celebrating.

Your loving presence has kept us strong and given us courage.

~Anne Houck

## Remembering Marcy Jacomet ...



*In Loving Memory of  
Marcy Jacomet*



A long time I have lived with you  
 And now we must be going  
 Separately to be together.  
 Perhaps I shall be the wind  
 To blur your smooth waters  
 So that you do not see your face too much.  
 Perhaps I shall be the star  
 To guide your uncertain wings  
 So that you have directions in the night.  
 Perhaps I shall be the fire  
 To separate your thoughts

So that you do not give up.  
 Perhaps I shall be the rain  
 To open up the earth  
 So that you may bloom in spring.  
 Perhaps I shall be the stream  
 To play a song on the rock  
 So that you are not alone.  
 Perhaps I shall be a new mountain  
 So that you always have a home.

written by Nancy Woods

## Prayer in a Desperate Advent

By Jean Stokan

○ May all hearts be broken  
with stories of squalor  
and horrors of war.

○ May all be haunted  
by the screams of the  
tortured and the faint whimpering  
of a hungry  
child dying.

○ May Madonna images  
from Africa, Iraq,  
inner-cities everywhere  
burn deep

Pieta embraces of unnecessarily broken  
bodies  
pierce our comfort.

○ Dear Compassion  
May a path be made ready.

Through the desperate wails and gnashing  
of teeth

○ May Justice be birthed

○ Dear God  
Come.



## CALENDAR

## DECEMBER

**Saturday, 12/3 ... 4:00 pm— Big Bash celebration for Donohues, Nov NovaNotes, pg 6**

**Sunday, 12/4 ..... 4:00 pm — Christmas Chorale, see page 11**

**Saturday, 12/10 ... 10:00 am —Day of Reflection, Holy Cross Abbey, Berryville, Va  
contact Mike Timpane (703) 528-3535 for more info.**

**Sunday, 12/18 ... 6:00 pm — DEADLINE for January (gasp) 2006 newsletter**

**Sunday, 12/18 ... MEATLOAF SUNDAY, bring meatloaves, potatoes to liturgy with  
Christmas wrapped gifts of gloves, socks, etc. see page 10 (don't forget  
to label items)**

**Monday, 12/19 ... CHRIST HOUSE, bring items to the Michelotti's by 2pm today (if you  
haven't brought them previously. Check with Kopp to see if they  
could use extra servers, singers, etc. It is Christmas, after all.**

**Every Sunday.....Please bring at least one box of cereal to liturgy for Gunston.**

**Every Day ..... Practice acts of compassion.**



December, 2005

**NOVA**



6027 Ticonderoga Court  
Burke, VA 22015-3372

